

Raising Healthy Teens

***Parent seminar series brought to you by
NISS and our community partners***

7:00 in NISS Learning Commons

February 26: Drug and Substance Use Awareness

Presenters: Constable Amron Russell, RCMP

Christine Swain and Ferrin Willie, Discovery Youth and
Family Services

March 26: Healthy Body Image

Presenters: Kirie McMurchy, North Community Services Society

Bronwyn Coyne, Regional Dietician, Mount Waddington

April 30: The Sex Talk

Presenters: Katherine Hawrys and Melanie Williams, Public Health Unit

May 12: Bully and Harassment Proofing

Presenters: Michel Therien, MCFD

Shannon Holmes, NISS Child and Youth Care Worker
Dayna Moore, Kate Pineda, and Kean Draeger, NISS students

May 26: The Teenage Brain

Presenters: Danielle Plummer, Child and Youth Mental Health

Refreshments will be served.

**For more information, or to pre-arrange transportation from the ferry
please call NISS at (250) 956-3394.**

Everyone welcome! Please bring your questions!